



# Luncheon

Tuesday, August 16, 2016


Crystal Dining Room, Crystal Serenity • In the Port of Anchorage/Seward, Alaska, U.S.A.

Maitre d'Hôtel **Leo Assmair** Executive Chef **Werner Brenner**

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## APPETIZER AND SALAD


**Assorted Seafood Plate,\*** Marinated Lettuce & Chive Rémoulade

**Mixed Lettuce,** Tomatoes, Red Onions, Orange and Olives 

*Traditional favorite dressings available, plus today's specials:*

*Fat-Free Balsamic Vinaigrette or Low-Calorie Lime Yogurt Dressing*

## SOUP

**Potage Garbure –** Vegetable Purée Soup with Pumpernickel Croutons 

**Chicken Broth** with Vermicelli & Vegetables

## PASTA SPECIAL

**Linguine Pasta** with Meatballs and Tomato-Basil Sauce

## MAIN FARES


**Traditional Cobb Salad –** Diced Chicken Breast, Avocado, Tomato, Blue Cheese, Bacon Bits, Romaine & Iceberg Lettuce, Tossed in Light-Herb Vinaigrette

**Local Rock Sole,** Lemon-Tarragon Sauce, Asparagus Risotto, Glazed Carrots

**Sandwich of the Day: Crystal's French Dip\*** – Sourdough Bread Bun,

Pink-Roasted Beef Striploin, Horseradish Aioli, Fresh Spinach, Swiss Cheese, Dipping Jus & Fries

**Turkey Cutlet "Parmigiana" –** Golden-Fried Turkey Cutlet Gratinated with Tomato Sauce & Mozzarella on Fettuccine "Alfredo," Served with Broccoli

**Marinated, Grilled Vegetable Brochettes,** Vegan Roast Vegetable Ravioli & Parsley Sauce 

**American Hamburger\* or Cheeseburger\*** – Freshly Ground Beef Burger,

Grilled to Your Order, on a Homemade Regular or Whole Wheat Bun with Pickles, Tomatoes, Sliced Onion Rings and French Fries

## ON THE LIGHTER SIDE

**Assorted Seafood Plate,\*** Marinated Lettuce & Red Cocktail Sauce

**Grilled Turkey Cutlet** with Steamed Vegetables & Natural Gravy

**Refreshing Lychee Sherbet**

## DESSERTS

**Rhubarb Strawberry Tart à la Mode • Chocolate Chip Cookie Ice Cream Sandwich**

**Ice Cream Sundae "Peach Melba" –** Vanilla Ice Cream, Poached Peach,

Raspberry Sauce, Whipped Cream, Chocolate Shavings

**Sugar-Free Chocolate Panna Cotta**

**Vanilla, Triple Caramel or Chocolate Ice Cream**

With your choice of Butterscotch, Mango or Vanilla Topping

**Freshly Frozen, Nonfat Simply Vanilla Yogurt**

**Refreshing Lychee Sherbet • Assortment of Fruit in Season**


**International Cheeses** Served with Crackers and Biscuits

## COMPLIMENTARY WINE SELECTIONS

**White:** Chardonnay, Beringer, Napa Valley, California 2014

**Red:** Pedroncelli, Zinfandel "Mother Clone," California 2013

\* United States Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.

 Indicates Vegetarian Selections